

## FOR IMMEDIATE RELEASE

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### **SHOP 'n SAVE OFFERS FLU VACCINATIONS TO PROTECT CUSTOMERS FROM SEASONAL SICKNESS**

*--Grocer Partners with American HealthCare Group to Provide Immunizations at  
Participating Locations--*

Pittsburgh, Pa. – October 6, 2009 – Locally owned and independently operated grocer SHOP 'n SAVE has partnered with American HealthCare Group to provide flu shot clinics this October in stores throughout Western Pennsylvania and Northern West Virginia.

Flu season peaks from December to March, but the Center for Disease Control (CDC) recommends that people receive their vaccinations October through February to avoid the flu. Professional nurses from the American HealthCare Group will be on-site at participating SHOP 'n SAVE stores to ensure the highest level of safety and comfort during vaccination.

Flu immunizations are available to Medicare-enrolled seniors and disabled individuals at no charge to the individual. Proof of Medicare health insurance is required so that the plan can be billed for the covered vaccination. All Medicare Advantage Plans are eligible including:

- Highmark Security and Freedom Blue
- UPMC for Life
- Health America Advantra
- Gateway Assurance

Individuals not enrolled in Medicare will pay a nominal fee for the vaccination.

For a complete listing of SHOP 'n SAVE stores administering immunizations in your area, please visit [www.shopnsavefood.com](http://www.shopnsavefood.com). No appointment is necessary.

***About SHOP 'n SAVE:***

*Locally owned and operated, SHOP 'n SAVE currently operates 70+ supermarkets within Western Pennsylvania, Eastern Ohio, and West Virginia. Established in 1968 as one of the nation's first discount grocery stores, SHOP 'n SAVE offers customers everyday low prices on name brand and private label products. For more information, visit [www.shopnsavefood.com](http://www.shopnsavefood.com).*

***About American Healthcare Group:***

*American HealthCare Group is a network of health care & wellness providers including doctors, hospitals, local food vendors, nutritionists, other vendors.*

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